



Transitional Living Skills

Setting Goals & Measuring Progress

Presented by: Ashley Kurtz, KDADS
TBI Program Manager
Home and Community Based Services
Community Services & Programs

HCBS– TBI Program

- ▶ Rehabilitative Program that provides services to individuals who have experienced a Traumatic Brain Injury (TBI)
- ▶ Traumatic Brain Injury is defined as

“an injury to the brain caused by an external physical force such as blunt/penetrating trauma or accelerating–decelerating forces”

How is rehabilitation monitored?

- ▶ Regaining/relearning functional skills
- ▶ Progress on rehabilitative goals
- ▶ Formal Review
- ▶ MCO Request for Review

Progress Reporting

- ▶ TBI Progress Reporting Documentation
 - TBI Goal Tracking Objective Tasks
 - TBI Goal Planning Progress Reporting
- ▶ Developed with MCO representatives
- ▶ Public feedback

SMART Goals

- ▶ S– Specific
- ▶ M– Measureable
- ▶ A– Achievable
- ▶ R– Realistic
- ▶ T– Time-bound

Progress Reporting Documents

- ▶ [Goal Planning–Progress Report.pdf](#)
- ▶ [Goal Tracking–Objective Tasks.pdf](#)

Rehabilitative Goals

- ▶ Developed during the MCO meeting
- ▶ Required Participants
- ▶ Focus of HCBS–TBI purpose

[Goal Planning.pdf](#)

[List of Task Categories.pdf](#)

Next Steps

- ▶ TBI Progress Reporting Training Manual
- ▶ TBI Progress Reporting Pilot

Questions?

Ashley Kurtz
TBI/TBIRF Program Manager
Kansas Department for Aging and Disability Services (KDADS)
785-296-0648
Ashley.Kurtz@kdads.ks.gov